

# Mental Health Crisis Intervention

## 2-1-1: Impact on the CHILD



**ABOUT Mental Health Crisis Intervention:** Mental health crisis intervention\* is provided by teams of mental health workers who intervene in situations where the mental/emotional state of a youth results in behavior that is imminently dangerous to self or others. The intervention begins with a call to 2-1-1; Clifford Beers promptly responds to the scene — home, school, or other community setting — to help resolve the crisis (e.g., putting self or others in danger, acting violently, anger that becomes dangerous behavior). Care focuses on stabilizing the situation and establishing a crisis plan. Support is provided for up to six weeks, and follow-up care involves the youth, family members, and connections to community-based supports.

### DEMOGRAPHICS:

<b>Total:</b>	<b>1,851: 1,813 were new this FY; 38 continued care from previous FY</b>	<b>Race:</b>	<b>White 688 (39%) Hispanic 502 (29%) Black 438 (25%) Multiracial 64 (4%) Other 53 (3%)</b>
<b>Gender:</b>	<b>980M, 871F</b>		
<b>Ages:</b>	<b>0-6 = 186 (10%) 7-11 = 600 (32%) 12-15 = 825 (45%) 16-18 = 240 (13%) 19+ = 0</b>		

**WHAT HAPPENED:** The impact is best explained by examining those cases for which assessments were made at both intake and discharge (“paired data”). For various reasons, paired data is not available for all served at Clifford Beers.

- **Key Finding, reduced problem severity:** 50% of youth who reported themselves within the clinical range at intake reported themselves in the normal range at discharge (n=7)
- **Key Finding, reduced hospital readmission while in care:** 73% of youth with a history of inpatient hospitalization for behavioral health reasons were not readmitted to the hospital during their episode of care\*\* (n=33)
- **Key Finding, reduced emergency room use while in care:** 63% of youth with a history of ER evaluations six months prior to care were not re-evaluated in the ER during their episode of care\*\* (n=27)
- **Key Finding, reduced school suspensions:** 61% of youth with a history of school suspension 12 months prior to care were not suspended during their episode of care\*\* (n=14)

\* these services are f/k/a Emergency Mobile Psychiatric Services, or “EMPS “

\*\* average episode of care = 10 days